



**OUR
BENEFIT
2023**

Dear Valued Member:

Thank you for being part of our Astiva family. It is our privilege to provide you with the exceptional care that you deserve. As we approach the Thanksgiving season, we want to take this opportunity to express our appreciation for you. Thank you for selecting Astiva to provide you with excellent healthcare services.

- \$1584** ▶ PART B PREMIUM REBATE PER YEAR
- \$1440** ▶ GROCERY & FLEXIBLE SPENDING BENEFITS
- \$2500** ▶ DENTAL TREATMENT REIMBURSEMENT
- \$300** ▶ ANNUAL VISION SERVICES
- \$2000** ▶ ANNUAL HEARING AID BENEFIT
- \$50000** ▶ WORLDWIDE EMERGENCY COVERAGE

HEALTH & WELLNESS EXTRAS



**UNLIMITED
TRANSPORTATION**



**NO COST GYM
MEMBERSHIP**



**90 POST HOSPITAL
MEALS**



**ROUTINE FOOT
CARE**



**IN-HOME SUPPORT SERVICES AND
CAREGIVERS**

As we approach the end of this year, we want to highlight a few important services that are available to you.

Urgent Care



If you have an urgent health concern, please contact your doctor first. If you cannot reach your doctor and your concern is not life threatening, please consider going to Urgent Care. If you feel your health concern is life threatening, please go to the ER. The wait time in the ER is usually several hours compared to an Urgent Care.

At Astiva Health, we are committed to providing the utmost care and support our members deserve. We understand each member's needs are different and require a plan that is built specially for them. That's why we offer a variety of diverse benefits for each plan at an affordable cost. Dental, grocery, over-the-counter benefits, and transportation with bilingual drivers are all included within our healthcare plans, along with many others!

Memberservices@astivahealth.com

www.Astivahealth.com Call: 1-866-688-9021, TTY 711



Have you received your Astiva monthly grocery card yet? These cards are available for you to pick up at our Activity Centers located at:

Orange County

9551 Bolsa Ave, Suite E
Westminster, CA 92683

San Diego County

4551 El Cajon Blvd, Suite B
San Diego, CA 92115



Although many are still focused on COVID we want to remind you that Flu infection is still a significant reason for hospital visits every year. Please contact your doctor's office to get your flu vaccination and updated COVID booster if not already received.



Planning to travel out of the country for the winter holidays? We cover worldwide emergency services in case you need it.



How is your vision ? If you need assistance, we offer annual eye exam and glasses benefits.



Did you know that breast cancer is a leading cause of cancer death among women? We recommend a screening mammogram every 2 years or as advised by your physician.



Are you aware that colon cancer is the second leading cause of cancer-related death in the US? Contact your doctor to see if you are up to date. We recommend a colonoscopy every few years as recommended by your doctor or an annual stool card test.



If you need a ride to your medical visit, our transportation services available to you.
Call us: **866-688-9021**